When I'm struggling with problems, I talk about them with?

- My family: 16% (30 votes)
- My friends: 20% (38 votes)
- A mental health professional: 5% (9 votes)
- Another resource not listed here: 5% (9 votes)
- More than one of the above: 19% (35 votes)
- I don't talk about it with others: 35% (66 votes)

Total votes: 188

Footer menu

- Contact Alice!
  - Content Use
  - Media Inquiries
  - Comments & Corrections
- Syndication & Licensing
  - Licensing Q&As
  - Get Alice! on Your Website
  - Full Site Syndication
  - Link to Go Ask Alice!

Go Ask Alice! is not an emergency or instant response service.
If you are in an urgent situation, please visit our Emergency page to view a list of 24 hour support services and hotlines.

Source URL: http://www.goaskalice.columbia.edu/polls/when-im-struggling-problems-i-talk-about-them-%E2%80%A6

Links