French kissing with braces

alice,

french kissing with braces?? do braces affect french kissing?

Answer

Dear Reader,

While kissing with braces may be awkward, French kissing with braces may seem like another story altogether. You see, if done without finesse, the soft tissue inside the lips could get cut, leaving you and your kissing partner wondering about why you attempted "tongue Twister" in the first place. Good news &#151 braces have been modified over the years &#151 the brackets and ties have been softened, making them less intrusive, and, therefore, less likely to cause harm. Plus, nothing whatsoever points to the fact that they affect French kissing in any way, good or bad (except people's fears).

Kissing adds another level of intimacy to your relationships. French kissing, which is really just the introduction of the tongue, can be a beautiful, passionate display of your feelings when done with some confidence and flair. Put your feelings into your kiss. There's no right or wrong way to French kiss because everyone has his or her own personal style. Of course, how much or how little tongue you want to taste, feel, probe, suck, and meet is completely up to you.

Braces add yet another level of intimacy because they're something tucked away in your mouth. Although not everyone who knows you even notices your braces right away, your kissing partner does each and every time s/he moves in for that smack-a-roo. French kissing with braces can be enjoyable and accident-free when both smoochers are careful and gentle. Try softening the kiss, perhaps even using just the lips themselves rather than the entire mouth. As long as a little fender-bender doesn't bother you, then by all means, go ahead and smooch away!

Because we like someone, we may feel a bit awkward about bringing up stuff that could offend or embarrass him or her. Chances are good that if you've gotten to the kissing stage, you can talk about what feels good when you kiss and what doesn't; and, if you don't take the risk and do it anyway, learn how to build your assertiveness skills so that you're able to communicate with your smoochee &#151 it can make a world of difference to you and your kissing future. Make it light-hearted, too. Laugh if your braces get stuck together because, really, it is a funny thing. Learning how to be the best kisser you can be takes a lot of practice.
. . . so try all sorts of variations to see which techniques and styles work best for you and your kissee.

However, if you’re getting really torn-up inside and out about how to handle the kissing-with-metal-in-your-mouth dilemma, remember that you won’t be wearing braces for the rest of your life. Plus, many brace-wearing folks have been able to have happy and successful kissing relations.

Alice!
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