Girlfriend wants birthday spanking [1]

Hey Alice,

My girlfriend wants me to give her a birthday spanking. One spank for each year. I have some concerns, but thought it might be a fun idea to explore....

Her birthday is a month away and I am not sure what to do?

Answer

Dear Reader,

Well, it sure beats going to the movies?or does it? Your ambivalence about giving your girlfriend the gift that keeps on stinging may stem from wanting to please your girlfriend on her special day, while simultaneously wondering whether it's up your alley. Spanking may not be for everyone, but it's not just limited to leather-bound S&Mers [2] (sadomasochism enthusiasts). Some may enjoy experimenting with various types of sex play that strays a little, or a lot, from the "standard" sexual positions. If you don't feel comfortable giving a spanking-new birthday gift, however, you may just want to follow your instinct.

You mention that spanking your girlfriend "might be a fun idea." Could this also mean that, "it might be fun to try?" Perhaps you would like to consider the upcoming spanking gift as a one-time experiment? one that you won't have to repeat unless you feel that it's exciting, fun, and safe for you and your girlfriend. If you would like to give spanking a chance, perhaps you can think of ways in which you would feel more comfortable doing so? For example, could you start this year with just one inaugural spank as a way of easing you into this new activity? Lights on or off? Music, perhaps?

Still, with your girlfriend's birthday a month away, you may want to use this time as an opportunity to explore the extent of your comfort, or discomfort, with spanking. How would you feel if you did spank your girlfriend and either one or both of you decided it's not the way to go? What would be the worst that could happen? Are you worried that you may hurt your girlfriend when spanking her? Do you feel that spanking your girlfriend may indicate violence or abnormality in your relationship? Are there other types of sex play with which you may feel more comfortable?

In the meantime, you may want to strongly consider having a talk with your girlfriend about her birthday wish and share any concerns that you may have about spanking her. Do you feel compatible with each other, sexually or otherwise? What other types of play would you both
like to try? Remember that you are half of your relationship, so it's only fair and healthy for you
to communicate with your girlfriend to let her know how you feel and what you want? even if
it's her special day. If you're uncomfortable broaching this topic with your girlfriend, ask
yourself why this may be.

Whatever you decide to do, make sure you feel comfortable with your decision.
Communicating with your girlfriend about your wishes, as well as hers, may help you (and
her) understand any underlying doubts about spanking and about other types of sex play. And
who knows, maybe one day you'll want to be the one on the receiving end of that hand?

Alice!
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