Decisions, Decisions [1]

Week of:
Oct 23, 2015

21st birthday coming up ? Should I drink? [2]

Dear Alice,

My 21st birthday is coming up. I've already had two sets of friends and my mom's boyfriend offer to take me to the bar for drinks. The problem is, I have never been drunk before, let alone consumed alcohol. I chose not to drink for a few different reasons and am not sure if I should change anything for my birthday. On the other hand, I feel that I am obliged to go out drinking on this "special occasion."

? Sober 'til 21 (or maybe later)

Read more [2]

Considering taking LSD? [3]

Dear Alice,

I have become interested in trying LSD. But I am worried about what the side effects are and the consequences later in life. I only want to try and have no real need to continue, or desire to, for that matter. I am just really curious. What could happen to me? And do you know where one might find such drugs?

Signed,
Mr. LSD

Read more [3]

Should I stay or should I go? [4]

Dear Alice,

I have been going out with a wonderful girl for over a year now. She is smart, caring, and
pleasant. But, someone else has come into the picture. She is also wonderful, smart, and pleasant, and I can't stop thinking about her. My girlfriend doesn't know this, but it's changing me on the inside...I have this terrible feeling it's only a matter of time before something big happens. I am at total war on the inside, sometimes my heart says "stay" while my mind says "leave." Other times, my mind says "stay" while my heart says "leave." I am so confused. Please help.

Signed,
Torn Between

Read more [4]

To shave or not to shave [5]

Dear Alice,

I am a new foreign student here in the U.S. from Europe. There, girls don't shave legs or underarm hair. Now, every girl here tells me that I had to shave, should I? I basically don't really want to.

? Christine

Read more [5]


Dear Alice,

If my partner and I have been monogamous for three years (and I was a virgin before we met) and my partner tested negative for the HIV virus (twice, about two years ago, with a six-month gap between the tests) is it safe for us to use a birth control method other than a condom? That is, are there still any STDs that my partner might have without knowing it, that we should be worried about, even though nothing whatsoever has seemed wrong with either of us for three years and my partner has had several regular annual physicals in that time?

? Losing the condom?

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