**Tongue-in-Cheek** [1]

Week of:
Oct 16, 2015

**Weird tongue color** [2]

Hi Alice,

I noticed that I have a weird furred tongue (a mix of yellow/green or sometimes orange/yellow) since about half a year (maybe longer than that but only noticed it since half a year). I also noticed that the day after I drink alcohol my tongue looks normal. My tongue is always like that, so I don't believe it could be because of anything specific that I drink/eat. Could that be anything serious?

Thank you,

Jenn

Read more [2]

**Pondering the pros and cons of tongue piercing** [3]

(1) Hey Alice,

I'm considering getting my tongue pierced. Is there anything I ought to know before I get it done? What should I look for in a piercing place? Does the piercing ever have negative effects? I don't know, tongue paralysis or something? Thanks!

(2) Alice,

If and when I decide to take my tongue ring out, I worry that there will be scarring tissue or an ugly hole in the middle of my tongue. Is this the case?

Read more [3]

**Tongue brushing ? Necessary?** [4]
Dear Alice,

Here's a question I have been debating with a friend for a while, and seeing as how I'm not scheduled to go to the dentist again for a while, I thought you could shed some light on the issue: when brushing one's teeth, should one also brush one's tongue? I would think yes, because what's the point of brushing germs off teeth if the tongue still has them there, and will transfer them to the teeth as soon as you're done brushing. My friend thinks it makes absolutely no difference. So does it matter? We have an ice cream wagered on this one! I hope I'm right!

Read more [4]

**Do I have thrush? Can I give it to my lover?** [5]

Dear Alice,

Are there other causes for white-coated tongues?? I believe I have thrush. Do I need a tongue culture to confirm it? Can my mate get it by kissing? Could it be the reason for my chronic sore throats lately?? The only difference I notice is I don't have any metallic or salty taste in my mouth. When I get it really bad, that is what I usually experience, as well as a raw tongue. Thanks for any help!!

? Lindee

Read more [5]

**Relief for burnt and injured tongues?** [6]

Dear Alice,

Last week I had a cup of morning coffee and, silly me, I ended up burning my tongue. Now I have small white spots and redness all around the end of my tongue and it hurts. Is there any medication I can put on it to relieve the pain and redness? Thank you.

Read more [6]
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