The Center for Student Wellness employs a number of strategies, including programs and services, environmental strategies, research and data collection, and teaching, training, mentoring to help create a healthy and supportive environment for students to thrive and succeed.

Phone:  
(212) 305-3400  
Website:  
Center for Student Wellness (CUMC)  

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*Go Ask Alice! is not an emergency or instant response service.*

If you are in an urgent situation, please visit our Emergency page to view a list of 24 hour support services and hotlines.

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**Links**