The Center for Student Wellness employs a number of strategies, including programs and services, environmental strategies, research and data collection, and teaching, training, mentoring to help create a healthy and supportive environment for students to thrive and succeed.

Phone: (212) 305-3400
Website: Center for Student Wellness (CUMC)

Go Ask Alice! is not an emergency or instant response service.

If you are in an urgent situation, please visit our Emergency page to view a list of 24 hour support services and hotlines.