Columbia students can meet with a tobacco cessation specialist, who will provide individual support and help students understand the process of quitting along with developing a personal plan to stop using tobacco. The program offers behavioral and pharmacological support, including meeting with a cessation specialist, prescriptions for medications to assist in the quitting process and access to no-cost over-the-counter nicotine replacement products.

Phone:
(212) 854-7426
Website:
Tobacco Cessation (Morningside)