From Head to Toe [1]

Week of:
May 29, 2015

Corns between the toes ? Ouch! [2]

Dearest Alice,
I found this address and was ecstatic. My friends and I were surfing in English class and found this very interesting column. I would like to ask you about corns between the toes. My cousin has these monumental corns which have kept her from her job. Although my cousin and I are not really close, I'm sure she would be happy to accept your advice. I hope you will answer my question.

Thank you.
Corny

Read more [2]

Wet head: Can going out with one make you sick? [3]

Dear Alice,

Do you increase your risk of becoming ill by going outside into the cold with a wet head? This would seem like an old wives' tale... how could the cold weather make you ill? The only "logic" I can see is that this would lower your body temperature (from the water evaporating off your head) and this would lower your resistance to infection.

?Cold and wet

Read more [3]

Head pain when I bend over [4]

Dear Alice,

When I bend down, or bend over, my head starts to pulse and sometimes it feels like it is going to explode. It can be unbearable. Once I sit down or stand up, the headache goes
away. If I bend down extremely slowly, then I am usually OK.

I had this problem periodically in the past, it cleared up, but is a problem again. Any advice?

Balloon Head

Read more [4]

**Concussions** [5]

Dear Alice,

What are the symptoms of a concussion? What happens if you have a concussion and it goes untreated?

Read more [5]

**What causes bunions?** [6]

Dear Alice,

What is the cause of bunions? A stubbed toe? Nutritional? Can the growth be stopped before a shoe doesn't fit? Why the occasional burning sensation when there is no pressure on the "bone?"

Read more [6]