What's the Difference? [1]

Week of:
Jun 13, 2014

Aspirin vs. ibuprofen [2]

Dear Alice,

Why do many doctors and nurses say aspirin is bad for you? They say to take Advil or some other pain killer instead.

-Pain killing confused

Read more [2]

Is margarine really better than butter? [3]

Dear Alice,

Why is margarine better than butter when margarine is just oil that is hydrogenated, which means that extra hydrogen atoms are added to oil (liquid) to make it firm? If oil is hydrogenated into butter, there would be no difference between butter and margarine because they would both be saturated fats with single bonds and the same number of hydrogen atoms. Is margarine really better than butter?

? Baffled over butter

Read more [3]

What's the difference between an addiction and a compulsion? [4]

Dear Alice,

What is the difference between a compulsion and an addiction?

Read more [4]
To shave or not to shave [5]

Dear Alice,

I am a new foreign student here in the U.S. from Europe. There, girls don't shave legs or underarm hair. Now, every girl here tells me that I had to shave, should I? I basically don't really want to.

? Christine

Read more [5]

Is there a difference between bacterial and viral STIs? [6]

Hey Alice,

What's the difference between a bacterial and viral STD?

Read more [6]