Masturbating friends [1]

Dear Alice,

I'm a twenty-one-year-old male virgin. I have a male friend the same age. Every now and then we watch an X-rated movie together and masturbate at the same time and in the same room. We have done this for a number of years. We are both straight. Is this a normal act for men or not?

Thanks,
Masturbating friends

Answer

Dear Masturbating friends,

It?s terrific that you have a friend with whom you may be yourself and explore your personal needs. Your question?s a great example of individuals being comfortable with their own sexuality. So, yes, simultaneous self-stimulation, also known as mutual masturbation, is "normal," natural, healthy, and safe whatever your sexual orientation, gender, or age.

It?s very common for someone in her or his late teens and early twenties to explore and define her or his sexual identity. This may include experimenting, either by yourself or with someone else, to discover what feels good and what doesn?t. As long as your sofa squirting doesn?t surf from an occasional sideline sport to a full-time hobby that preempts work, school, exercise, dating, or any other activities from which you might benefit, playing with your remotes will likely bring you continued high ratings.

It may often seem like some moral, social, or ethical rules prohibit or shun masturbation (including the idea of touching yourself in the presence of others), but it isn?t considered abnormal, harmful or illegal as long as it?s consensual and done in a private space (i.e., someone?s home, and not a shopping mall, school, or any other public place). If those rules are followed, you may rest assured that it?s still okay to play with your friends!

Alice!

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