Friend or Foe [1]

Week of:
Dec 18, 2015

Don't know if I want my friend back or not [2]

Dear Alice,

My (ex?) best friend and I drifted apart a few months ago because of her new boyfriend and my busy schedule. Before, we were like sisters, but now we just ignore each other. She's recently been trying to contact me, and even though I do miss her more than anything, I haven't been answering her calls. I'm not sure if I want her back in my life. There were certain things about our friendship that didn't seem right. There were things we couldn't/wouldn't tell each other. She also liked to make me feel unimportant. I know this makes it seem like we never were true friends, but we meant everything to each other. I just don't know if I should let her back in or not? Please help?

Read more [2]

What to do about flaky friends? [3]

Dear Alice,

I have a few "friends" that are real flakes. I've known them for years and years, but they blow me off so easily. I've tried a lot of different tactics, but nothing seems to stop the problem. For example: This guy that I have known since I was born and I recently started college at the same place. We live three blocks away from each other. I have spent a good amount of time at his house and he has come to mine (just friends), so I know he is comfortable spending time with me. He has a tendency to text me with a basic "hey I'll be coming over tonight" or "You want to come by for dinner" and then without warning, he will no show. What's going on with this? I don't know what to do.

Read more [3]

My friend relentlessly competes with me, and I want it to stop [4]
Dear Alice,

My "best friend" of almost 4 years now has always been competitive, but it's never been something we've discussed. Every time I'm wearing something trendy or saying something new, she will do the same thing. When we used to run in aerobics class, she would constantly try to beat my scores. I confronted her about that, but she never seems to learn? she still copies me and competes with everything from grades to guys. If I address the problems I've had in the past, I will look stupid because usually I would be the type to bring it up, but my life was too hectic at the time. Should I really "waste" time talking to her about her competitiveness? Or, is there a way to hint at it or persuade her to do something original?

Thanks,
Apparently Trendy

Model friend has huge ego

Dear Alice,

My best friend recently graduated from modeling school and now her ego has swelled to a huge size. She acts as though she is the best at everything and her attitude is way out of hand. She says she can kick everyone's ass. All my friends want me to tell her to leave our group, but she's my best friend. What should I do? I'm afraid if I tell her how she's acting and/or tell her to leave the group, she really will kick my ass.

Read more

My friends keep dumping their problems on me!

Dear Alice,

I'm the peacemaker among my friends, the introverted listener. But lately I find myself dealing with my friends and their problems more than ever. The problems drift from abuse in their homes, relationship problems, suicide, and MORE! It seems like I'm walking around with the weight of the world on my shoulders? literally, and its making me dive headfirst into depression. Don't get me wrong, I like being trusted and thought wise for advice I give, but sometimes I know I'm just being used, and all I need to do is listen. But I also feel helpless towards many of the situations, example, drug abuse or violence in their homes. They're expecting my help most of the time! I can't suggest counselors, because it's un-thought of here, my friends usually have been to more than their fair share in their years, and it flat out doesn't work. Our school counselors are bogus, teachers really don't listen, and I'm a small girl who can't necessarily take on the world!! On top of trying to help friends of mine (close and not-to-close) I've got my own problems too! It's insane.

? The Shining Knight in Armor - NOT!