Getting Ready for Earth Day 2020

Week of:
Apr 17, 2020

What health risks do humans face from polluted oceans?

Dear Alice,

Seems like the only health risks you read about in the news is from eating tainted fish or from getting an infection when swimming in the ocean. Are there other direct effects on our health posed by pollution in the ocean?

Read more

How drinkable is New York City’s tap water?

Dear Alice,

How bad is the water here in New York City? Do you recommend drinking filtered water, or does it really make a difference?

Thirsty

Read more

What's a "natural" flavor?

Dear Alice,

When reading the labels of food containers, it will often list "natural flavors" as an ingredient. My question is what exactly is a "natural flavor"? Wouldn't the product already have that flavor if it's natural?
Thanks,

Puzzled Foodie

Will living in New York City make my asthma worse?

Alice,

I desperately want to attend school in NYC, but have one reservation. I'm asthmatic and I'm afraid that my asthma will be worse in a big city. I traveled to NYC for a week this summer and was fine, but have heard it could be worse in the winter. Can you advise me? I so don't want to let my asthma limit my dream of going to school in NYC.

Geese feces health risks?

Dear Alice,

I have been frequently going to a public beach that is infested with Canada geese poop. It is everywhere! There are a lot of children and families also at this beach. I am wondering what the health risks are to children as well as to adults sitting and playing in this feces?
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